

**UQAM**

The CSEP Recommended Course Maps (CSEP-RCMs) are intended to assist you in mapping out your education to provide the greatest chance of success with the CSEP-CPT exams. (The courses listed are only recommendations other courses may also meet the requirements).

<b>CSEP-CPT Core Competency</b>	<b>Course Code:</b>	<b>Course title:</b>
<p><b>Human Anatomy, Human Physiology, and Exercise Physiology</b></p> <p>May be integrated (in part) within courses dealing with the understanding of the structure and function of the human body including a basic understanding of the human body's response to exercise</p>	<p><b>TOUS:</b> KIN 1700</p> <p>KIN 1710 KIN 2710</p>	<p>Anatomie appliquée au mouvement humain</p> <p>Physiologie de l'exercice 1 Physiologie de l'exercice 2</p>
<p><b>Theory and Methods of Behaviour Modification</b></p> <p>May be integrated (in part) within courses dealing with health behaviour change, physical activity behaviour modification theories and models, interpersonal communication, motivational interviewing, health counseling, health and fitness promotion, and the determinants of physical activity and sedentary behaviour.</p>	<p><b>TOUS:</b> KIN 1600 KIN 2770</p> <p>KIN 1900</p>	<p>Intervention en activité Éval. de la cond. phys. et prog. en act. phys.</p> <p>Stage 1 - Stage d'initiation à l'intervention en kinésiologie</p>
<p><b>Theory and Methods of Health-Related Physical Activity &amp; Physical Fitness Assessment</b></p> <p>May be integrated (in part) within courses dealing with: fitness assessments, personal training, physical activity/exercise prescription, training techniques, and methods of training.</p>	<p>KIN 2770</p>	<p>Éval. de la cond. phys. et prog. en act. phys.</p>
<p><b>Theory and Methods of Health-Related Exercise Prescription and Program Design</b></p> <p>May be integrated (in part) within courses dealing with: personal fitness training, physical activity/exercise prescription, training techniques, and methods of training. Optimal program design includes appropriate demonstration, client observation and exercise modification</p>	<p><b>TOUS:</b> KIN 1900</p> <p>KIN 2770</p>	<p>Stage 1 - Stage d'initiation à l'intervention en kinésiologie</p> <p>Éval. de la cond. phys. et prog. en act. phys.</p>
<p><b>Safety and Emergency Procedures</b></p> <p>May be integrated (in part) within courses dealing with emergency response procedures, injury assessment and treatment.</p>	<p><b>TOUS:</b> KIN 1600 KIN 2770</p> <p>KIN 2400</p>	<p>Intervention en activité Éval. de la cond. phys. et prog. en act. phys.</p> <p>Application et intégration en act. phys</p>
<p><b>Documentation, Administration and Professionalism</b></p> <p>May be integrated (in part) within courses dealing with material related to marketing, administration, program documentation and professionalism.</p>	<p>KIN 1900</p>	<p>Stage 1 - Stage d'initiation à l'intervention en kinésiologie</p>