

**NOVA SCOTIA COMMUNITY COLLEGE**

The CSEP Recommended Course Maps (CSEP-RCMs) are intended to assist you in mapping out your education to provide the greatest chance of success with the CSEP-CPT exams. (The courses listed are only recommendations other courses may also meet the requirements).

<b>CSEP-CPT Core Competency</b>	<b>Course Code:</b>	<b>Course title:</b>
<p><b>Human Anatomy, Human Physiology, and Exercise Physiology</b></p> <p>May be integrated (in part) within courses dealing with the understanding of the structure and function of the human body including a basic understanding of the human body's response to exercise</p>	<p>ANAP 1008</p> <p>OTPT 1000</p> <p>ANAP 2011</p>	<p>Anatomy and Physiology for Rehabilitation</p> <p>Health Promotion and Exercise</p> <p>Functional Anatomy</p>
<p><b>Theory and Methods of Behaviour Modification</b></p> <p>May be integrated (in part) within courses dealing with health behaviour change, physical activity behaviour modification theories and models, interpersonal communication, motivational interviewing, health counseling, health and fitness promotion, and the determinants of physical activity and sedentary behaviour.</p>	<p>OTPT 1000</p> <p>OTPT 2003</p> <p>OTPT 1011</p>	<p>Health Promotion and Exercise</p> <p>Occupational Therapy Interventions in Mental Health</p> <p>Human Relations</p>
<p><b>Theory and Methods of Health-Related Physical Activity &amp; Physical Fitness Assessment</b></p> <p>May be integrated (in part) within courses dealing with: fitness assessments, personal training, physical activity/exercise prescription, training techniques, and methods of training.</p>	<p>OTPT 1000</p> <p>OTPT 2025</p>	<p>Health Promotion and Exercise</p> <p>Neurological Conditions in Rehabilitation</p>
<p><b>Theory and Methods of Health-Related Exercise Prescription and Program Design</b></p> <p>May be integrated (in part) within courses dealing with: personal fitness training, physical activity/exercise prescription, training techniques, and methods of training. Optimal program design includes appropriate demonstration, client observation and exercise modification</p>	<p>OTPT 1000</p> <p>OTPT 2025</p> <p>OTPT 3007</p> <p>OTPT 2001</p> <p>OTPT 2000</p>	<p>Health Promotion and Exercise</p> <p>Neurological Conditions in Rehabilitation</p> <p>Rehabilitation in Special Populations</p> <p>Musculoskeletal Conditions in Rehabilitation</p> <p>Movement and Mobility</p>
<p><b>Safety and Emergency Procedures</b></p> <p>May be integrated (in part) within courses dealing with emergency response procedures, injury assessment and treatment.</p>	<p>SAFE 1050</p> <p>SAFE 1001</p> <p>SAFE 1000</p>	<p>Non-Violent Crisis Intervention (12 Hours)</p> <p>Introduction to NS OH&amp;S Act</p> <p>Introduction to WHMIS (Workplace Hazardous 0.0 4.00 Materials Information Systems)</p>
<p><b>Documentation, Administration and Professionalism</b></p> <p>May be integrated (in part) within courses dealing with material related to marketing, administration, program documentation and professionalism.</p>	<p>HCOM 1015</p> <p>OTPT 2001</p>	<p>Writing and Research Skills</p> <p>Musculoskeletal Conditions in Rehabilitation</p>