



Canadian Society for Exercise Physiology

ONLINE LEARNING



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**35 YEARS OF
IMPROVING
HEALTH OUTCOMES
FOR CANADIANS**

 CSEP Professional
Standards Program®



DID YOU KNOW?

- For more than 35 years, CSEP has been the recognized leader in knowledge translation of exercise science to practice.
- This authority has led to the development of hundreds of hours of evidence-informed, interactive learning modules, articles, and publications on subjects such as exercise prescription, behaviour change, clinical case studies, and more.
- With over 6000 members worldwide, CSEP's online learning collateral continues to grow.

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MAKE OUR KNOWLEDGE WORK FOR YOU

- Available to members and non-members, each of our 50+ Online Learning and Advanced Modules can be purchased in an individual subscription format.

CHOOSE FROM 50+ VIDEOS COVERING A RANGE OF TOPICS

EASY TO USE

Students/employees have access to on-demand learning modules - anytime, any place, and from any device!

EXPERTS

All materials are evidence-informed and have been peer reviewed and developed by world-class experts in their fields.

AFFORDABLE

Competitive pricing offered on modules subscriptions.



WIDE RANGE OF TOPICS

Advanced Module Series

Broaden your students or employees knowledge in exciting research areas related to exercise science and exercise physiology. A host of content has been developed, reviewed, and delivered by experts including Dr. Jonathon Fowles, Acadia University; Dr. Lora Giangregorio, University of Waterloo; Dr. Jean Bourbeau, McGill University; Dr. Margie Davenport, University of Alberta, and more!

Topics Include:

- Cancer and Exercise
- Diabetes and Exercise
- MSK/Neurological Conditions
- Osteoporosis and Exercise
- COPD
- Nutrition
- Behaviour Change
- Exercise and Pregnancy
- And more!



Each topic runs approximately ten hours in length and may include case studies, additional recommended readings & handouts.

Candidate Modules

Whether preparing students to challenge the CSEP Certification exams, or seeking to enhance your employees knowledge, these webinars will be highly valuable. Developed by CSEP's Instructor-Examiners and pedagogical experts, there are several modules to choose from, including:



CSEP-CPT Candidate Study Course: Designed to help those pursuing CSEP-CPT certification or simply strengthen their skills on the client-centred CSEP-PATH® process. Each of the 7 individual sections covers a range of topics, concepts, and demonstrations over one or more videos.



The ECG: Presented by Dr. Pierre Boulay, Université de Sherbrooke, this module discusses the measurements and different waves and intervals represented on the ECG. Participants will learn how to identify the most frequent arrhythmias that a qualified exercise professional is likely to see at rest or during exercise testing.



Clinical Assessment: A 2-part webinar presented by Dr. Karen Kendall, University of Alberta, designed for CSEP-CEP candidates. This module covers the principles and protocols of assessment in clinical exercise physiology.



Preparing for the CSEP-CEP Theory Exam: Dr. Adam Upshaw, Niagara College, helps prepare individuals to challenge the CSEP Clinical Exercise Physiologist® Theory Exam through a deep dive into the core competencies and the knowledge necessary to sail through the exam.



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INDUSTRY AND ALLIED PARTNER MEMBERSHIP

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A HOST OF BENEFITS

ACCESS

Up-to-date digital content on CSEP certifications and educational materials. subscriptions to CSEP Online Learning library for students and/or employees.

RECEIVE

IAP member package including desk copies of CSEP publications and printed promotional materials to keep you and your cohorts informed.

GAIN

advanced knowledge of developments and program updates within CSEP, as well as member-only discussion and networking opportunities.

Questions?
Contact: info@csep.ca