{Address of your MLA/representative}

{Date}

{Salutation},

Firstly, thank you so much for the tremendous efforts you have dedicated to ensuring the safety of the residents of {City/Town/Region}

My reason for writing today is to bring light to my profession as a CSEP Certified Personal Trainer®.  At present, we have been informed that we are not to consider re-opening our practices until {Phase 3}.  I would like to take this opportunity to share with you some of the exceptional areas of expertise that I and my colleagues can offer to our fellow citizens during this critical period of the health crisis.

CSEP Certified Personal Trainers® work in a number of settings across the fitness and healthcare sector in Canada.  The certification requires a minimum 60 post-secondary credits in the field of exercise science or kinesiology, as well as successful completion of both a rigorous theory and practical exam.  CSEP-CPT's carry extensive professional liability insurance and are active members in good standing with the Canadian Society for Exercise Physiology (CSEP).  CSEP-CPT's may work in private and public fitness centres, post injury active recovery (return to work, motor vehicle accidents, return to sport) and in chronic disease and illness management (cancer recovery, cardiopulmonary rehabilitation, stroke recovery).  They may also work with elite athletes preparing for their futures, and the general public, contributing to the prevention of chronic diseases and enhanced well-being in our community through guided lifestyle counselling and physical activity prescription. In these settings, my colleagues and I support the needs of their clients ensuring a continuity of care for these clients.

Following public health guidance, CSEP has created resources for our members on infection control and how to safely provide services during COVID-19. We are eager to implement these resources for our clients, and we are seeking your assistance to include our profession in the current phase of essential services.

Many of Canada's top Officers of Health have continually been enforcing the benefits of staying active through this time, both for physical and mental health.  With the warmer weather upon us, several have supported more active transportation and encouraging our communities to spend time outside in safe, respectful manners.  These messages are at the core of what our profession does.  I am hopeful you will consider the valuable roles of CSEP Certified Personal Trainers® while recognizing the education, training and safety measures of which the profession adheres so that we may return to working for the health of our clients.

Thank you for your consideration, and thank you for all you are doing for {City/Town/Region}.

Sincerely,

\*More information on the Canadian Society for Exercise Physiology can be found at [csep.ca](https://csep.ca/home)