

# 5 STEPS TO BECOMING CSEP CERTIFIED

## 1 GET READY



- ✓ Review the certification requirements
- ✓ Consult the CSEP Recommended Course Maps

## 2 APPLY



- ✓ Submit & pay for your application online to begin the CSEP-Certified Personal Trainer® (CSEP-CPT) or CSEP-Certified Exercise Physiologist® (CSEP-CEP) certification process.



*Wait for CSEP to approve your application (2-3 weeks). While you're waiting follow @CSEPdotCA on Twitter to stay informed.*

## 3 PREPARE FOR EXAMS



- ✓ It is **recommended** that you take a workshop or practical skills review session to help prepare for your exams. Choose the workshop that is best for you: [csep.ca/workshops](https://csep.ca/workshops).
- ✓ Consult [store.csep.ca](https://store.csep.ca) and [csep.ca/onlinelearning](https://csep.ca/onlinelearning) for required & recommended resources.

## 4 EXAMS



- ✓ Take your **Practical Exam** and **Theory Exam**. You choose the order you take the exams.



You have **6 months** from the date you pass your first exam to pass your second exam and register!



*Wait for final results on your exams. While you wait make sure you have First Aid & that your CPR-C has been updated in the last 12 months.*

## 5 REGISTER



- ✓ Register to be a CSEP Certified Member & begin enjoying all the member benefits including CSEP Professional Liability Insurance!
- ★ It can take up to 3 weeks to process registration & receive your member package in the mail.

Canadian Society for Exercise Physiology

For a full list of certification requirements visit: [www.csep.ca](https://www.csep.ca)

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