### Description of Services

- **Pulmonary Cardiometabolic and Pulmonary**
  - Supervised clients performing exercise monitored individually.
  - Assisted in supervision of clients performing exercises.

- **Multiple Sclerosis Society of Belleville**
  - Focused on range of motion.
  - Provided ergonomic assessments.

- **Multiple Sclerosis Society of Belleville**
  - Provided ergonomic assessments.
  - Recommended changes to workspaces.

- **Run for Fun Inc.**
  - Lead weekend running clinics.
  - Focused on building endurance.

- **University Fitness Assessment Lab**
  - Performing VO2 Max testing.
  - Performing lactic acid testing.

- **Soccer Training Centre**
  - Pre-season fitness testing.
  - Individualized strength training.

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  - Pre-season fitness testing.
  - Individualized strength training.

- **Fit@Work Inc.**
  - Provided ergonomic assessments.
  - Recommended changes to workspaces.

### Personal Identifiers
- *personal identifiers should not be used*
- **if clinical population, identify medical condition**
- ***if athlete population identify sport***
- **** if healthy identify activity

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### Supervisor's Signature

- **Carol Baxter**
- **Sylvia Kennedy**
- **Raymond Davis**
- **Joaquin Ortiz**
- **Dr. Terrence Miller**
- **Rose Thompson**