



CSEP Certified Exercise Physiologist® Practical Experience Logbook

Candidate Name: Rebecca Pace

Date	# Hours	Client Population* (clinical**, athlete***, healthy****, workplace)	Description of Services	Clinic Name	Supervisor's Name	Supervisor's Signature
2016-11-23 to 2017-02-14	75	Clinical- Cardiometabolic and Pulmonary	Assisted in supervision of clients performing closely monitored individualized muscular strength and aerobic exercises as their pulmonary function allowed	Pulmonary Fitness Clinic Trenton	Carol Baxter	
2016-09-15 to 2016-11-17	56	Clinical- Musculoskeletal and Neuromuscular Conditions	Led a fitness class for clients with multiple sclerosis focusing on range of motion and balance exercises	Multiple Sclerosis Society of Belleville	Sylvia Kennedy	
2016/06/09 to 2016/08/23	63	Workplace	provided ergonomic assessments of workstations, recommended changes to workspaces to prevent repetitive strain injuries	Fit@Work Inc.	Raymond Davis	
2016/02/21 to 2016/05/30	34	Athlete - soccer	Pre-season fitness testing for local youth soccer teams, early season individualized strength training program supervision	Soccer Training Centre	Joaquin Ortiz	
2015/10/05 to 2015/12/01	40	Athlete- high performance (various varsity sports)	Performing VO2 Max and lactic acid threshold testing on University athletes in various sports	University Fitness Assessment Lab	Dr. Terrence Miller	
2015/09/04 to 2015/11/30	20	Healthy - running	Lead weekend running clinics for healthy individuals focusing on building endurance and proper progressions to avoid injury	Run for Fun Inc.	Rose Thompson	
Total Hours:	288					

*personal identifiers should not be used
 **if clinical population, identify medical condition
 *** if athlete population identify sport
 **** if healthy identify activity

SAMPLE